

Skate Oakville Fall Winter 2025/2026

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY				FRIDAY				SATURDAY			SUNDAY	
	Rink 1	Rink 3	ROB	Rink 1	Rink 3	Rink 4	Rink 1	Rink 3	ROB	Rink 1	Rink 2	Rink 3	Rink 4	Rink 1	Rink 2	Rink 3	Trafalgar Park	Rink 1	Rink 2	ROB	Rink 1	ROB
6:15								Comp ETS Shinny 6:15 - 7:05														
6:30								Flood - 7:05														
6:45																						
7:00	Comp ETS Shinny 7:00 - 7:50	FreeSkate Shinny 7:15 - 8:05		Dance 7:00-7:50	FreeSkate Shinny 7:15 - 8:05		Dance 7:00-7:50	FreeSkate Shinny 7:15 - 8:05		Dance 7:00-7:50	FreeSkate Shinny 7:15 - 8:05				Comp ETS Shinny 7:00 - 7:50	FreeSkate Shinny 7:15 - 8:05						
7:15																						
7:30	Flood - 7:50			Flood - 7:50			Flood - 7:50			Flood - 7:50												
7:50	Comp Shinny 8:00 - 8:50	FreeSkate Shinny 8:15 - 9:05		Comp Shinny 8:00 - 8:50	FreeSkate Shinny 8:15 - 9:05		Comp Shinny 8:00 - 8:50	FreeSkate Shinny 8:15 - 9:05		Comp Shinny 8:00 - 8:50	FreeSkate Shinny 8:15 - 9:05				Comp Shinny 8:00 - 8:50	FreeSkate Shinny 8:15 - 9:05		Open 8:00 - 8:50 FS		CanSkate 8:00-8:50 (5-12)	Beginner 1 Synchro 8:00-8:40	CanSkate 8:00-8:50 (5-12)
8:00																						
8:15																						
8:30	Flood - 8:50			Flood - 8:50			Flood - 8:50			Flood - 8:50												
8:45	Pairs 9:00-9:50	FreeSkate Shinny 9:15 - 10:05		Pairs 9:00-9:50	FreeSkate Shinny 9:15 - 10:05		Pairs 9:00-9:50	FreeSkate Shinny 9:15 - 10:05		Pairs 9:00-9:50	FreeSkate Shinny 9:15 - 10:05				Pairs 9:00-9:50	FreeSkate Shinny 9:15 - 10:05		Flood - 8:50	PrePower CanPower 8:30-9:20	Flood - 8:50	Skills (B1/B2) 15 min	Flood - 8:50
9:00																						
9:15																						
9:30	Flood - 9:50			Flood - 9:50			Flood - 9:50			Flood - 9:50												
9:45	Pairs 10:00-10:50	FreeSkate Shinny 10:15 - 11:05		Pairs 10:00-10:50	FreeSkate Shinny 10:15 - 11:05		Pairs 10:00-10:50	FreeSkate Shinny 10:15 - 11:05		Pairs 10:00-10:50	FreeSkate Shinny 10:15 - 11:05				Pairs 10:00-10:50	FreeSkate Shinny 10:15 - 11:05		Comp 2 Free 9:00 - 9:50 FS	Flood - 9:20	CanSkate 9:00-9:50 (5-12)	Beginner 2 Synchro 8:55 - 9:40	CanSkate 9:00-9:50 (4-12)
10:00																						
10:15																						
10:30	Flood - 10:50			Flood - 10:50			Flood - 10:50			Flood - 10:50												
10:45	Pairs 11:00-11:50	FreeSkate Shinny 11:15 - 12:05		Pairs 11:00-11:50	FreeSkate Shinny 11:15 - 12:05		Pairs 11:00-11:50	FreeSkate Shinny 11:15 - 12:05		Pairs 11:00-11:50	FreeSkate Shinny 11:15 - 12:05				Pairs 11:00-11:50	FreeSkate Shinny 11:15 - 12:05		Flood - 9:50	STAR C	Flood - 9:50	Flood - 9:50	Flood - 9:50
11:00																						
11:15																						
11:30	Flood - 11:50			Flood - 11:50			Flood - 11:50			Flood - 11:50												
11:45	Comp Shinny 12:00-12:50	Comp EliteShinny 12:15 - 1:05		Comp Shinny 12:00-12:50	Comp EliteShinny 12:15 - 1:05		Comp Shinny 12:00-12:50	Comp EliteShinny 12:15 - 1:05		Comp Shinny 12:00-12:50	Comp EliteShinny 12:15 - 1:05				Comp Shinny 12:00-12:50	Comp EliteShinny 12:15 - 1:05		Flood - 10:05	STAR D	CanSkate 10:00 - 10:30 (3-5)	Elementary Synchro 9:50 - 10:30	CanSkate 10:00 - 10:30 (3-5)
12:00																						
12:15																						
12:30	Flood - 12:50			Flood - 12:50			Flood - 12:50			Flood - 12:50												
12:45	Comp Elite Shinny 1:00-1:50	FreeSkate Shinny 1:15 - 2:05		Comp Elite Shinny 1:00-1:50	FreeSkate Shinny 1:15 - 2:05		Comp Elite Shinny 1:00-1:50	FreeSkate Shinny 1:15 - 2:05		Comp Elite Shinny 1:00-1:50	FreeSkate Shinny 1:15 - 2:05				Comp Elite Shinny 1:00-1:50	FreeSkate Shinny 1:15 - 2:05		Flood - 10:50	STAR B	CanSkate 10:30 - 11:00 (3-5)	Skills (Elem/PJ) 20 min	CanSkate 10:30 - 11:00 (3-5)
1:00																						
1:15																						
1:30	Flood - 1:50			Flood - 1:50			Flood - 1:50			Flood - 1:50												
1:45	Comp Elite Shinny 2:00-2:50	FreeSkate Shinny 2:15 - 3:05		Comp Elite Shinny 2:00-2:50	FreeSkate Shinny 2:15 - 3:05		Comp Elite Shinny 2:00-2:50	FreeSkate Shinny 2:15 - 3:05		Comp Elite Shinny 2:00-2:50	FreeSkate Shinny 2:15 - 3:05				Comp Elite Shinny 2:00-2:50	FreeSkate Shinny 2:15 - 3:05		Comp 4 Free 11:00 - 11:50 FS	Flood - 11:20	CanSkate 11:10 - 12:00 (5-12)	Pre-Juvenile Synchro 10:50 - 11:50	Flood - 11:50
2:00																						
2:15																						
2:30	Flood - 2:50			Flood - 2:50			Flood - 2:50			Flood - 2:50												
2:45	Comp 4 3:00 - 3:50 FS	FreeSkate Shinny 3:15 - 4:05		Comp 4 3:15 - 4:05 FS			Comp 4 3:15 - 4:05 FS			Comp 4 3:15 - 4:05 FS												
3:00																						
3:15																						
3:30	Flood - 4:05			Flood - 4:05			Flood - 4:05			Flood - 4:05												
3:45	Comp 3 4:15 - 5:05 FS	FreeSkate Shinny 4:45 - 5:35 FS		Comp 3 4:15 - 5:05 FS			Comp 3 4:15 - 5:05 FS			Comp 3 4:15 - 5:05 FS												
4:00																						
4:15																						
4:30	Flood - 4:35			Flood - 4:35			Flood - 4:35			Flood - 4:35												
4:45	Comp 3 5:05 - 5:20 Grp			Comp 3 5:05 - 5:20 Grp			Comp 3 5:05 - 5:20 Grp			Comp 3 5:05 - 5:20 Grp												
5:00																						
5:15	Flood - 5:20			Flood - 5:20			Flood - 5:20			Flood - 5:20												
5:30	Comp 2 5:30 - 6:35 FS	FreeSkate Shinny 6:00 - 6:50 FS		Comp 2 5:30 - 6:35 FS	FreeSkate Shinny 6:00 - 6:50 FS		Comp 2 5:30 - 6:35 FS	FreeSkate Shinny 6:00 - 6:50 FS		Comp 2 5:30 - 6:35 FS	FreeSkate Shinny 6:00 - 6:50 FS				Comp 2 5:30 - 6:35 FS	FreeSkate Shinny 6:00 - 6:50 FS		Pre-Comp & Comp 1 5:15 - 6:05 Grp	Flood - 5:50	CanSkate 5:45-6:35 (5-12)	Intermediate Synchro 3:50 - 5:50	CanSkate 5:00-5:50 (5-12)
5:45																						
5:50																						
6:00	Flood - 6:50			Flood - 6:50			Flood - 6:50			Flood - 6:50												
6:15																						
6:30	Elementary Synchro 7:00 - 7:50	FreeSkate Shinny 7:15 - 8:05 FS		Elementary Synchro 7:00 - 7:50	FreeSkate Shinny 7:15 - 8:05 FS		Elementary Synchro 7:00 - 7:50	FreeSkate Shinny 7:15 - 8:05 FS		Elementary Synchro 7:00 - 7:50	FreeSkate Shinny 7:15 - 8:05 FS				Elementary Synchro 7:00 - 7:50	FreeSkate Shinny 7:15 - 8:05 FS		Flood - 6:35	STAR A	CanSkate 6:00-6:50 (5-12)	Novice Synchro 6:00 - 7:50	CanSkate 6:00-6:50 (5-12)
7:00																						
7:15																						
7:30	Flood - 7:50			Flood - 7:50			Flood - 7:50			Flood - 7:50												
7:45	Juvenile Synchro 7:50 - 8:50	FreeSkate Shinny 8:15 - 9:05 FS		Juvenile Synchro 7:50 - 8:50	FreeSkate Shinny 8:15 - 9:05 FS		Juvenile Synchro 7:50 - 8:50	FreeSkate Shinny 8:15 - 9:05 FS		Juvenile Synchro 7:50 - 8:50	FreeSkate Shinny 8:15 - 9:05 FS				Juvenile Synchro 7:50 - 8:50	FreeSkate Shinny 8:15 - 9:05 FS		Flood - 6:50	STAR B	CanSkate 6:45-7:35 (5-12)	Novice Synchro 6:00 - 7:50	CanSkate 6:45-7:35 (5-12)
8:00																						
8:15																						
8:30	Flood - 8:50			Flood - 8:50			Flood - 8:50			Flood - 8:50												
8:45																						
8:50																						
9:00																						
9:15																						
9:30																						

Legend: Comp ETS Shinny = Edges/Turns/Stroking Only

Comp 2 (Gr) = Mon-Stroking, Tues-Spins, Wed-Anything Step Sequence

Comp Elite Shinny = Busy sessions will be managed

Schedule is subject to change according to director v.071025